

MN Resources

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[Autism Society of Minnesota \(AuSM\)](#): The Autism Society of Minnesota exists to enhance the lives of individuals with autism spectrum disorders. AuSM seeks to realize its mission through education support, collaboration and advocacy.

[Department of Human Services – Deaf & Hard of Hearing Services – \(DHS\)](#): DHS provides services and information to help Minnesotans who are deaf, deafblind and hard of hearing and their families.

[Disability Benefits 101 \(DB101\)](#): DB101 helps people with disabilities learn how income may impact benefits so they can make informed choices, reduce fears, and ensure work is part of the plan.

[Disability Hub MN](#): Disability Hub MN is a free statewide resource network that helps you solve problems, navigate the system and plan for your future. You'll discover options and tools for managing your health, your benefits, your work, your housing and more.

[MN Board on Aging](#): The Minnesota Board on Aging (MBA) is the gateway to services for Minnesota seniors and their families.

[MN Brain Injury Alliance](#): Statewide nonprofit organization dedicated to enhancing the quality of life for Minnesotans affected by brain injury. Over the decades, the Alliance has developed from an advocacy driven organization, to one that focuses on both advocacy and direct service.

[MN Business Leadership Network \(MN BLN\)](#): An employer-led endeavor that promotes best practices that enhance employment and career opportunities for skilled individuals who have a disability.

[MN STAR Program](#): STAR's mission is to help all Minnesotans with disabilities gain access to and acquire the assistive technology they need to live, learn, work and play.

[MN State Council on Disability \(MSCOD\)](#): MSCOD was created to advise the governor, state agencies, state legislature and the public on disability issues. Their mission is to advocate for policies and programs in the public and private sectors that advance the rights of Minnesotans with disabilities.

[Parent Advocacy Coalition for Educational Rights \(PACER\) Center](#): PACER Center enhances the quality of life and expands opportunities for children, youth, and young adults with all disabilities and their families so each person can reach his or her highest potential. PACER operates on the principles of parents helping parents, supporting families, promoting a safe environment for all children, and working in collaboration with others.

State Services for the Blind (SSB): SSB provides tools, training and technology to help people who are blind, visually impaired, DeafBlind or experiencing vision loss to live independently and to prepare for, find and keep a job.

The Arc Minnesota: The Arc provides essential services to people with intellectual and developmental disabilities and their families. Services include: Access to a toll-free information and assistance phone number; “Ask An Advocate” online with responses typically within one business day; Opportunities to participate in online and in-person training events and a statewide Public Policy platform with grassroots engagement.

Vocational Rehabilitation Services (VRS): Provides people with disabilities assistance related to finding employment and living independently.